

SIGRID GARDNER WILLIAMS, MD, MPH, FACOG

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EDUCATION

August 2002 - August 2006

UNIVERSITY OF ARIZONA, College of Agriculture & Life Sciences, Tucson, AZ

Bachelor of Science, Microbiology, summa cum laude

July 2007 - May 2012

UNIVERSITY OF ARIZONA, Mel and Enid Zuckerman College of Public Health, Tucson, AZ

Master's in Public Health, May 2012

- Thesis: *Designing a Health Education Program for the Children of the Guatemala City Garbage Dump*

July 2007 - May 2012

UNIVERSITY OF ARIZONA, College of Medicine, Tucson, AZ

Medical Doctor

- Distinction in Community Service
- Distinction in Global Health

June 2012 - June 2016

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO

Obstetrics and Gynecology Resident

- Administrative Chief Resident June 2015 - June 2016

LICENSURE & SPECIALTY CERTIFICATION

March 2014 - April 2019

CALIFORNIA MEDICAL BOARD

Medical Doctor

October 2018 - present

ARIZONA MEDICAL BOARD

Medical Doctor

February 2019 - present

AMERICAN BOARD OF OBSTETRICS & GYNECOLOGY

Active Diplomate

EMPLOYMENT

September 2016 - September 2018

UNIVERSITY OF CALIFORNIA, SAN DIEGO

OB/GYN Hospitalist

- Taught UCSD medical students as a clinical instructor for the year-long Ultrasound Sessions II course and as a facilitator for the Endocrinology, Reproduction, and Metabolism course
- Founding member of the Hospitalist Division of the UCSD Department of Reproductive Medicine
- At Hillcrest Hospital, covered all aspects of obstetrics and gynecology, including gynecologic surgeries, as the only OB/GYN in-house at the UCSD trauma center and former county hospital
- At Jacobs Medical Center, covered labor and delivery as the OB/GYN attending supervising UCSD OB/GYN residents
- Through the Division of Family Planning, supervised OB/GYN residents and Family Planning Fellows in complex contraception clinics and scheduled family planning surgeries including dilation and curettage and dilation and evacuation

- At both Hillcrest Hospital and Jacobs Medical Center, collaborated with and provided back-up coverage for Certified Nurse Midwives in their independent clinical practice

December 2016 - September 2018

PLANNED PARENTHOOD OF THE PACIFIC SOUTHWEST

Physician

- Performed full spectrum family planning care in an outpatient setting
- Supervised and taught OB/GYN residents rotating from Naval Medical Center - San Diego

October 2018 - Present

PLANNED PARENTHOOD ARIZONA

Physician

- Coordinate FCM-850, Women's Reproductive Health clinical elective for senior medical students, including teaching medical students during their rotation and providing formal evaluations
- Provide family planning care including abortion care, colposcopy, management of cervical dysplasia including LEEP, ultrasonography, and complex contraception care in the role of both an independent contract and staff physician

April 2019 - December 2021

TUCSON MEDICAL CENTER

OB Hospitalist

- Taught and supervised residents rotating from Banner University Medical Center's OB/GYN program, and medical students rotating from Mayo School of Medicine
- Covered labor and delivery as an in-house laborist for one of Arizona's busiest labor and delivery units
- Collaborated with and provided back-up coverage for Certified Nurse Midwives in their independent clinical practice

November 2020 - April 2022

PLANNED PARENTHOOD ARIZONA

Medical Director

- Lead the entire clinical division of the affiliate, including supervision of all ultrasound, abortion, and reproductive health services provided in any of their seven health centers
- Active member of Senior Leadership Team including collaboration and coordination across all departments

February 2022 - December 2022

GENESIS OB/GYN

OB/GYN Hospitalist, Genesis - Crossroads OB/GYN

- Provided full spectrum OB/GYN inpatient care, including both obstetric and gynecologic emergencies, at Tucson Medical Center

April 2022 - April 2024

PLANNED PARENTHOOD ARIZONA

Director of Clinical Research

- Founded clinical research department and lead all aspects of clinical research, including acting as Principal Investigator on all industry-sponsored and academic studies conducted by the affiliate
- Concurrently provided family planning care including medication and aspiration abortion, ultrasonography, gender affirming care, complex contraception care, and management of cervical pathology with colposcopy and LEEP

December 2022 - Present

GENESIS OB/GYN

OB/GYN Generalist Physician, Genesis - Pueblo OB/GYN

- Clinical teaching of both resident physicians and medical students at Banner University Medical Center - Tucson
- Full spectrum outpatient OB/GYN practice encompassing prenatal care, outpatient gynecologic care including management of menopause, contraceptive care, and outpatient procedures including in-office hysteroscopy
- Inpatient OB/GYN care including management of labor and delivery and inpatient gynecology at Banner University Medical Center

March 2023 - Present

UNIVERSITY OF ARIZONA

Lecturer, March 2023 - April 2025; Assistant Professor, April 2025 - present

- Developed and teach BSM 327, Provision of Reproductive Healthcare in the United States
- Developing and co-directing BSM 315, Women, Health, and Society
- Co-direct and teach BSM 201, On Being a Healthcare Professional, and BSM 296, Careers in Medical Health Sciences
- Faculty lecturer in Life Cycle block for graduate medical students
- Guest lecturer in multiple other courses including in the School of Anthropology

HONORS & AWARDS

WHITEHILL PRIZE FOR EXCELLENCE, for excellence in teaching, advocacy for residents and students, modeling clinical compassion, and active participation in clinical research; as voted by the UCSD Chief Resident Class, April 2018

JAMES R. GREEN MD MEMORIAL AWARD, for clinical excellence and commitment to the underserved in a graduating resident, June 2016

SAN FRANCISCO GENERAL HOSPITAL JULIUS R KREVANS AWARD, for clinical excellence in an intern, May 2013

GOLD HUMANISM HONOR SOCIETY, member, elected Spring 2011

PUBLICATIONS & PRESENTATIONS

FITZPATRICK MB, BEHRENS CM, HIBLER K, PARSONS C, KAPLAN C, ORSO R, PARKER L, MEMMEL L, COLLINS A, MCNICHOLAS C, CRANE L, HWANG Y, SUTTON E, COLEMAN J, KUROKI L, HARSHBERGER K, WILLIAMS S, JENNINGS A, BUCCINI F, GILLIS L, NOVETSKY AP, HAWKES D, SAVILLE M, DEPEL T, AVIKI E, SHETH SS, CONAGESKII C. *Clinical Validation of a Vaginal Cervical Cancer Screening Self-Collection Method for At-Home Use: A Nonrandomized Clinical Trial.* JAMA Ntw Open 2025 May 19;8(5):e2511081. doi: 10.1001/jamanetworkopen.2025.11081.

RALPH LJ, EHRENREICH K, KALLER S, GURUZADA T, BIGGS MA, BLANCHARD K, HAUSER D, KAPP N, KROMENAKER T, MOAYEDI G, PINCKNEY GIL J, PERRITT JB, RAYMOND E, TAYLOR D, WHITE K, VALLADARES ES, WILLIAMS S, GROSSMAN D. *Accuracy of Survey-Based Assessment of Eligibility for Medication Abortion Compared to Clinician Assessment.* American Journal of Obstetrics and Gynecology 2025 Jan, 9:S0002-9378(25)00013-4. DOI: 10.1016/J.AGOG.2025.01.008.

KERWIN R, WILLIAMS S, BULLOCK H. *Crossing Borders: Navigating Abortion Access from the US to Mexico.* Oral Presentation at Medical Students for Choice 2024 annual conference, 7 Dec 2024.

RALPH LJ, EHRENREICH K, KALLER S, GURUZADA T, BIGGS MA, HAUSER D, KAPP N, KROMENAKER T, MOAYEDI G, PINCKNEY GIL J, PERRITT JB, RAYMOND E, TAYLOR D, WHITE K, WILLIAMS S, GROSSMAN D. *Comparing abortion patients' self-assessment of eligibility for medication abortion with clinician assessment: Results from a self-selection study.* Contraception 2023 Nov, Volume 127, 110184.

STACK SW, JAGSI R, BIERMANN JS, LUNDBERG GP, LAW KL, MILNE CK, WILLIAMS SG, BURTON TC, LARISON CL, BEST JA. *Childbearing Decisions in Residency: A Multicenter Survey of Female Residents.* Academic Medicine 2020 Oct;95(10):1550-1557.

STACK SW, JAGSI R, BIERMANN JS, LUNDBERG GP, LAW KL, MILNE CK, WILLIAMS SG, BURTON TC, LARISON CL, BEST JA. *Maternity Leave in Residency: A Multicenter Study of Determinants and Wellness Outcomes.* Academic Medicine 2019 Nov; doi: 10.1097/ACM.0000000000002780.

WILLIAMS SG, ROBERTS S, KERNS JL. *Effects of Legislation Regulating Abortion in Arizona.* Women's Health Issues 2018 Apr; pii: S1049-3867(17)30416-4.

JACKSON RA, GARDNER* S, TORRES LN, HUCHKO MJ, ZLATNIK MG, WILLIAMS JC. *My Obstetrician Got Me Fired: How Work Notes Can Harm Pregnant Patients and What to Do About It.* Obstetrics and Gynecology 2015 Aug; 126(2):250-4.

*Published under maiden name